

# ONE HEALTH RESEARCHERS' LAB

**BUILDING KNOWLEDGE  
AND SKILLS WHILE  
FOSTERING WELLBEING  
ACROSS THE PHD  
JOURNEY**

Lake Como School of Advanced Studies  
Villa del Grumello  
Como, Italy

**22-26 SEPTEMBER 2025**

## PROGRAMME

### MONDAY 22 SEPTEMBER

- 14.30 – 15.00 **Opening session**  
Anna Odone, *Coordinator of the National PhD in One Health Approaches to Infectious Diseases and Life Science Research, University of Pavia; Fondazione IRCCS Policlinico San Matteo*  
Federico Forneris, *ProRector for Research & President of the INF-ACT Foundation, University of Pavia*  
Giuseppe De Nicolao, *Director of the “Scuola di Alta Formazione Dottorale”, University of Pavia*
- 15.00 – 17.00 **Keynote Speech: One Health and infectious diseases – an editor's perspective**  
Marco De Ambrogi, *Deputy Editor, The Lancet Infectious Diseases*  
**Roundtable: What's next for infectious disease research? A journal editor in conversation with academic experts**  
Discussant:  
Raffaele Bruno, *University of Pavia; Fondazione IRCCS Policlinico San Matteo*
- 17.00 – 17.30 **Mentoring track** Introduction: the power of character strengths  
Lara Bellardita, *Centri Psicologia Clinica*
- 17.30 – 18.00 **PhD One Health Award** Introduction
- 18.00 – 20.00 *Welcome cocktail*

## TUESDAY 23 SEPTEMBER

- 9.00 – 10.45 **Mentoring track Session 1: learning the language of character strengths**  
Lara Bellardita, *Centri Psicologia Clinica*
- 10.45 – 11.00 *Coffee break*
- 11.00 – 12.00 **A new perspective on the diagnosis of emerging and re-emerging pathogens**  
Antonio Piralla, *Fondazione IRCCS Policlinico San Matteo; University of Pavia*
- 12.00 – 13.00 **Arbovirosis surveillance: the clinician's point of view**  
Federico Gobbi, *University of Brescia; IRCCS Ospedale Sacro Cuore Don Calabria*
- 13.00 – 14.15 *Lunch*
- 14.15 – 15.45 **The laboratory response to epidemiological emergencies**  
Maria Rosaria Capobianchi, *Unicamillus; formerly "L. Spallanzani" National Institute for Infectious Diseases*
- 15.45 – 16.00 *Coffee break*
- 16.00 – 17.00 **Zoonotic viruses evolution and transmission through food and environmental matrices: from surveillance to risk assessment**  
Annalaura Carducci, *University of Pisa*
- 17.00 – 18.30 **Group work Session 1**

## WEDNESDAY 24 SEPTEMBER

- 9.00 – 11.00 **Key epidemiological parameters in infectious disease dynamics and control**  
Valentina Marziano, *Bruno Kessler Foundation*
- 11.00 – 11.15 *Coffee break*
- 11.15 – 13.15 **Group work Session 2**
- 13.15 – 14.30 *Lunch*
- 14.30 – 15.30 **Workshop The Thinking Lab**  
Giansanto Mosconi, *University of Pavia*
- 15.30 – 16.30 **Silent infections, lasting damage: the hidden burden of tick-borne pathogens on chronic disease**  
Claudio Bandi, *University of Milan*
- 16.30 – 17.30 **Applied epidemiology in infectious disease surveillance and management**  
Danilo Cereda, *Welfare General Directorate, Lombardy Region*
- 17.30 – 17.45 *Coffee break*
- 17.45 – 18.45 **Mentoring track Session 2: strengths-based mindfulness practice**  
Lara Bellardita, *Centri Psicologia Clinica*
- 20.00 – 22.30 *Social dinner*

## THURSDAY 25 SEPTEMBER

- 9.00 – 11.00 **Workshop** Introduction to research planning and grant writing - module 2  
Sofia Baggini and Andrea Carini, *University of Pavia*
- 11.00 – 11.15 *Coffee break*
- 11.15 – 12.15 **Monoclonal antibodies and protection of newborns against RSV: a paradigm shift in prevention**  
Carlo Signorelli, *Vita-Salute San Raffaele University*
- 12.15 – 13.15 **HIV vaccines and eradication: hopes and reality**  
Mario Clerici, *University of Milan*
- 13.15 – 14.30 *Lunch*
- 14.30 – 15.30 **New approaches to fight antimicrobial resistance**  
Andrea Gori, *University of Milan; ASST Fatebenefratelli-Sacco*
- 15.30 – 16.30 **Group work** Session 3
- 16.30 – 16.45 *Coffee break*
- 16.45 – 18.45 **Mentoring track** Session 3: strengths use and overuse, finding the “Via Media”  
Lara Bellardita, *Centri Psicologia Clinica*

## FRIDAY 26 SEPTEMBER

- 9.00 – 10.30 **Group work** Presentations
- 10.30 – 11.30 **Translating scientific evidence into policy: the paradigmatic case of COVID-19**  
Giovanni Rezza, *Vita-Salute San Raffaele University*
- 11.30 – 11.45 *Coffee break*
- 11.45 – 12.45 **Integrated surveillance of respiratory viruses and burden of disease estimation to support decision-making in the European Union**  
Edoardo Colzani, *European Centre for Disease Prevention and Control*
- 12.45 – 13.30 **PhD One Health Award and final greetings**
- 13.30 – 14.30 *Lunch*



# Scientific director

Anna Odone  
*Coordinator of the National PhD in One Health  
Approaches to Infectious Diseases and Life  
Science Research, University of Pavia;  
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# Faculty

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Lara Bellardita  
*Centri Psicologia Clinica*

Raffaele Bruno  
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Policlinico San Matteo*

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Region*

Mario Clerici  
*University of Milan*

Edoardo Colzani  
*European Centre for Disease Prevention  
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Marco De Ambrogi  
*Deputy Editor, The Lancet Infectious  
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# Scientific committee

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